

## Spa Treatment Price List

### Body Treatments

#### Short Massages:

<b>Back &amp; Shoulder Massage</b> Focusing on the upper body, this massage Relieves stress and muscular aches in the back, shoulder and neck areas. Ideal for immediately alleviating day-to-day strains.	25 MIN	245 NIS
<b>Shirodhara</b> An Indian scalp massage, including the pouring of warm sesame oil onto the forehead (the third eye), followed by a scalp massage To purify your energy and relieve stress.	25 MIN	245 NIS
<b>Reflexology</b> A foot massage technique, based on massaging and applying Pressure to the soles of the feet in order to release energy blockages and inspire a feeling of lightness and energy.	25 MIN	245 NIS
<b>Head &amp; Neck</b> A massage to relieve daily stress, as well as tension in the head and neck areas.	25MIN	245 NIS

#### Relaxing Massage:

<b>Aromatic Massage</b> A relaxing treatment carried out using long, gentle Movements with an aromatic oil blend that is absorbed by the skin and Influences body and mind throughout the treatment.	50 MIN	365 NIS
<b>Lymphatic Massage</b> Influencing the lymphatic system, this treatment helps to release fluids and clear toxins from the body. Recommended after long journeys to relieve swelling and tiredness.	50 MIN	365 NIS
<b>Massage for Expectant Mothers</b> A relaxing almond oil massage to Relieve stress and feelings of heaviness for pregnant women. <b>* Suitable for women after the 16<sup>th</sup> week of pregnancy only.</b>	50 MIN	355 NIS
<b>Ayurveda (2 or 4 hands)</b> A gentle and caressing Indian treatment that begins with the therapist massaging Warm sesame oil into the body, using long, circular strokes. The second part of the massage involves a warm sesame oil libation on the forehead, accompanied by a scalp massage intended to balance your natural energy. <b>*During the treatment, the recipient is unclothed, with appropriate covering.</b>	75 MIN	480 / 635 NIS
<b>Stone Therapy</b> A treatment featuring warm basalt and cold marble stones. The treatment helps to balance the body and soul, and induce a feeling of warmness. An unforgettable experience.	75 MIN	545 NIS
<b>Extremity Massage</b> A massage focusing on the scalp, soles of the feet and legs to provide a feeling of release throughout the body.	50 MIN	355 NIS
<b>Abhyanga (2 or 4 hands)</b> A gentle and caressing Indian treatment that begins with the therapist massaging Warm sesame oil into the body, using long, circular strokes. <b>*During the treatment, the recipient is unclothed, with appropriate covering.</b>	45 MIN	375/490 NIS

## Balancing & Releasing Massages:

### Hot Stone Massages

By placing hot basalt stones along the body's energy pathways, this massage helps to relax the body and relieve deep muscular tension, offering a sense of release from day-to-day stress. A warm purifying experience.

50 / 75 MIN

395 / 545 NIS

**Combination Massage** A massage including several techniques of the therapist's specialist areas. This treatment is adapted to each individual's needs.

50 / 75 MIN

365 / 490 NIS

**Reflexology** A massage technique for the soles of your feet, based on Pressure points to release energy blockages. Inspires a feeling of lightness.

50 MIN

355 NIS

**Swedish massage** Massage to alleviate stress and muscle aches. Almond oil is worked into the muscles to provide a feeling of calmness and relief.

50 / 75 MIN

355 / 490 NIS

### Massage to Relieve Muscle Tension

**Deep Tissue Massage** A deep, slow and strong massage focused on specific areas of extreme muscle tension. Stress is relieved by applying deep pressure.

50 MIN

375 NIS

**Beresheet Balancing Massage** A deep, slow and strong massage focused On specific areas of extreme muscle tension. Stress is relieved by applying Deep pressure combined with A massage focusing on the scalp, soles of the feet And legs to provide a feeling of release throughout the body.

75 MIN

650 NIS

### Massages from the East

**Thai Massage** A Thai treatment technique based on working on the body's energy pathways, pressing with the thumbs and a lot of stretching. Leaves you with a feeling of vitality and energy.

\* Carried out on a mattress on the ground in comfortable attire.

50 / 75 MIN

365 / 480 NIS

**Shiatsu** A Japanese treatment technique, focusing on working on the body's energy channels (meridians), while using pressure from the full palm of the hand and stretching. Leaves you with a feeling of calmness.

\* Carried out on a mattress on the ground in comfortable attire.

50 / 75 MIN

365 / 480 NIS

### Treatments in the Turkish Bath

**Kese – Body Peel** The traditional Turkish treatment for massaging, cleansing, and purifying the skin – all in an authentic Turkish bath. The results are newly-relaxed muscles and skin that feels wonderfully soft and clean to the touch.

25 MIN

295 NIS

### Turkish Massage

A strong and invigorating massage for improved blood circulation and release of muscular tension.

25 MIN

295 NIS

## Dermalogica

Dermalogica is the number one choice of skin care professionals, as well as health and spa centers worldwide. It was developed with one overriding concern: your skin's health. All Dermalogica skin treatment products are based on innovative ingredients, including vitamins and minerals, and do not contain any artificial colors or fragrances or fragrances.

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**Dermalogica - express** - cleansing mask ,nourishes and moisturizing.

25 MIN

270 NIS

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### Deep Cleansing Treatment

A deep facial cleansing treatment that includes cleansing and draining pores, purifying the skin, and absorbing excess oils. The treatment uses plant enzymes and fruit acids to balance and cleanse the skin. Suitable for oily to combination skin.

75 MIN

470 NIS

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### Age Smart Treatment - wow

A luxurious treatment to prevent premature aging of the skin and for general improvement of its appearance. The treatment combines a high concentration of vitamins, fruit acids and peptides to improve skin firmness, to smooth out fine lines, and to add glamour and glow. The treatment includes a special AHA exfoliation and a firming seaweed mask. (This treatment is recommended for dry skin and skin with sun damage.)

75 MIN

495 NIS

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### Anti-Stress Treatment for Sensitive Skin

A special harmonious treatment combining a cleansing and aromatherapy massage rich in extracts and oils to calm red or irritated skin and any skin suffering from stress. This treatment combines an active oatmeal mask and a calming serum effective at counteracting environmental damage. This is a warm and pleasant treatment, giving you an overall feeling of pampering and relaxation, leaving your skin relaxed and glowing.

50 MIN

395 NIS

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### Beauty Treatment

Treatment Adapted to the client's personal skin type and needs, this beauty treatment contains essential vitamins to enhance the skin's resilience and leave it with a refreshed, vibrant look.

50/75 MIN

355/470 NIS

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### Men's Purifying Facial Treatment

A special treatment for men, including a unique exfoliation based on rice bran, plant enzymes and fruit acids, as well as cleansing and purifying of the skin. (This treatment is recommended for every man aware of the look of his skin and interested in maintaining skin health.)

50 MIN

395 NIS

## Body Peeling

A selection of peeling treatments to enhance the skin's regeneration process, leaving your skin glowing and soft to touch.

<b>Salt Peeling – Lavender Geranium</b> A cleansing and relaxing peeling treatment, concluding with a lemon-lavender body butter being applied to the skin.	50 MIN	365 NIS
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<b>Salt Peeling – Grapefruit Lemongrass</b> An anti-cellulite peeling to cleanse the Skin and lift your spirit. Concludes by applying a green tea body butter to the skin.	50 MIN	365 NIS
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## Body Wraps

A selection of moisturizing body wraps to nourish the body with vital minerals.

<b>Clay Wrap</b> Enriched with vital minerals for the body.	50 MIN	365 NIS
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<b>See Weed Wrap</b> Enriched with minerals, for a anti cellulite effect.	50 MIN	365 NIS
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## Treatments Packages :

<b>Couple's treatment</b> Swedish massage in the same room (50 / 75 min)	50/75 MIN	810/1080 NIS
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<b>Desert Romance - Couple's Massage</b> Couple's Massage Swedish massage (50 min), followed by private time in the Jacuzzi, with champagne and a deluxe platter of sweets by candle light (25 min).		875 NIS
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<b>Relaxation &amp; Renewal</b> - 3 Treatments: Your choice of peeling treatment (45 min), Swedish massage (50 min), Reflexology (50 min).		895 NIS
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<b>Intensive Energy</b> - 3 Treatments: Your choice of peeling treatment (45 min), Shiatsu (50 min) ,Reflexology (50 min).		900 NIS
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<b>Package for Expectant Mothers</b> 3 Treatments:' Anti-stress' -Facial (50 min), Reiki (50 min), Massage for Expectant Mothers (50 min). * Suitable for women after the 16 <sup>th</sup> week of pregnancy only.		880 NIS
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<b>Beautiful Health</b> -3 Treatments: Facial Classic-Beauty Treatment (50 min), Your choice of peeling treatment (45 min), your choice of Wrap treatment (50 min).		895 NIS
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<b>Desert Ambiance</b> - 3 Treatments: Ayurveda (75 min, 2 hands), Reiki (50 min) And Reflexology (50 min).		970 NIS
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## The Final Touch:

<b>Pedicure</b> A foot bath that includes exfoliation and massage of the feet, nail cleansing and care, and applying nail polish.	50 MIN	235 NIS
<b>Manicure</b> A hand massage including exfoliation, full nail care, and applying nail polish.	50 MIN	235 NIS
<b>Express Manicure</b>	25 MIN	120 NIS
<b>Express Pedicure</b>	25 MIN	120 NIS
<b>Pampering Pedicure-</b> Pedicure & Pampering Complete pampering for your feet, including an exfoliation treatment, nail cleansing and care, a hot paraffin foot bath, and applying nail polish to complete your new look.	75 MIN	325 NIS

### General Information

- \* Spa opening hours: 9am – 7pm
- \* A health declaration must be signed before receiving a treatment or using any of the spa facilities.
- \* Entrance to the spa is limited to those aged **16 or over**.
- \* Please arrive at the spa **10 minutes** before your treatment is due to begin.
- \* The massage therapist reserves the right to cease the treatment if he/she feels that the customer's behavior is inappropriate or disrespectful.
- \* Treatment changes or cancellations must be made at least 4 hours in advance. Cancellations that do not provide the required notice will entail a 50% charge
- \* For your attention: Please refrain from bringing jewelry/ cell phone to treatment/spa. The management is not responsible for any loss of jewelry/ cell phone.
- \* Discounts may not be used on the treatment packages.\* All the prices include VAT.